

Teen Dating Abuse Resource List

Below is a list of organizations that you can contact to get help or more information on teen dating abuse. Many operate 24 hours a day and in various languages.

If you or someone you know is in immediate danger, call 911.

NATIONAL HELPLINES

National Teen Dating Abuse Helpline

866-331-9474

866-331-8453 TTY

www.loveisrespect.org

The National Teen Dating Abuse Helpline offers one-on-one service from peer advocates. The helpline operates 24 hours a day, 7 days a week and offers translation services. Assistance via online chat services is available four p.m. to midnight CST, 7 days a week.

National Domestic Violence Hotline

800-799-SAFE (7233)

800-787-3224 TTY

www.ndvh.org

The National Domestic Violence Hotline, operating 24 hours a day, 365 days a year, offers services in more than 170 languages. The hotline provides crisis intervention, safety planning, information and referrals to agencies in all 50 states, Puerto Rico and the U.S. Virgin Islands.

Rape, Abuse & Incest National Network (RAINN) Hotline

800-656-HOPE (4673)

www.rainn.org

The Rape, Abuse & Incest National Network offers assistance 24 hours a day, 7 days a week. Callers are automatically directed to on-duty volunteers to answer questions and provide support and local resources.

LOCAL RESOURCES

Many local resources are also available to help, including:

- Rape and Sexual Assault Services
- County Department of Public Health
- Domestic Violence / Family Violence Support Groups
- Domestic Violence Shelters
- School and Community Teen Programs

ADDITIONAL RESOURCES

That's Not Cool

www.thatsnotcool.com

Break the Cycle

www.breakthecycle.org

National listing of LGBT programs

www.ncavp.org/AVPs

Los Angeles Gay and Lesbian Center

www.lagaycenter.org

National Center for Victims of Crime - Dating Violence Resource Center

www.ncvc.org

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