

**The Voice presents:**

**Just Kidding, Just Fine  
and Other Lies**

# A Public Service Announcement





**FALL**



# **Bullying:**

Verbal, physical, or other acts committed by a student to harass, intimidate, or cause harm to another student.

Approximately 47 teens  
are bullied every 5 minutes.

Teachers and administrators sometimes underestimate the extent and effect of bullying and, as a result, fail to prevent or stop it.





New students often feel alienated. The cafeteria is one of the most intimidating places in the school.

The number one reason  
teens are bullied is because  
of their appearance.

The number two reason is  
perceived or actual sexual  
orientation.



Bullies frequently insult or a threaten their classmates and follow it with “just kidding” to make bullying a joke and therefore acceptable.

Students and teachers need to recognize these comments are still bullying— and not a joke. The bully needs to be confronted or the behavior will continue to escalate.





## **Relational Aggression:**

A form of aggression that is meant to harm the social relationships of an individual. It is not physical abuse, but a social abuse of connections and influence to keep the victim as low in social standing as possible.

Relational aggression is the predominate strategy used by girl bullies.



Bullies often have a difficult home life and learn their behavior from witnessing domestic violence and emotional abuse on a regular basis.

They often perpetuate the  
cycle of violence and  
become abusers themselves.





**WINTER**





Gay and lesbian teens are  
two to three times more  
likely to commit suicide than  
their peers.

Of students who reported harassment because of their sexuality, approximately one third of the time school staff didn't do anything to resolve the issue.

Cyberbullying:  
Bullying over social  
networking, text messaging,  
or prank calling.

20% of teenagers admit to sexting- sending or posting nude or semi-nude pictures or videos of themselves.

48% of teenagers say they have received such messages. Most were not the intended recipients.



Seventy-two percent of eighth and ninth graders reportedly date.

By the time they are in high school, 54% of students report dating abuse among their peers.



# Signs of Domestic Violence in Teens

## The Victim:

- Is often isolated from peers
- Makes excuses for the abuser's actions to parents, teachers, and friends.
- May have low self-esteem

# Signs of Domestic Violence in Teens

## The Abuser:

- Forces the other person to spend time with him/her over being with family or friends.
- Constantly “checks up” on the other person.
- Acts extremely jealous and territorial



75% of boys who witness  
parental abuse have  
demonstrable behavioral  
problems.

Children older than 6 have a tendency to identify with the aggressor and lose respect for the victim.



Every 30 minutes a teenager  
attempts suicide due to  
bullying.

The leading cause of death  
in students under the age of  
14 is suicide.



“Bullycide” is the new term  
for suicide as a result of  
being bullied.





SPRING



# Harassment

"Words, gestures, and actions which tend to annoy, alarm and abuse (verbally) another person."

Firm, fair, and consistent enforcement of school discipline policies and meaningful school climate strategies (including anti-bullying initiatives) lead to safer school climates and less bullying.



Students can end bullying  
simply by speaking up.  
Ignoring the situation is  
complicit acceptance.



Offering support to the person who is being bullied helps them and sends a message to the bully that you don't agree with what's going on.



Women need support (family, friends, and economic) in order to leave abusive relationships. It may take several attempts before they successfully leave their partner.



Message   Insert   Options   Format Text

Cut   Copy   Paste   Format Painter   Clipboard

Calibri (Bo) 18   A<sup>↑</sup> A<sup>↓</sup>   B   I   U   ab   A   Basic Text

Address Book   Check Names   Names

Attach File   Attach Item   Business Card   Calendar   Signature   Include

Follow Up   High Importance   Low Importance   Options

To...   emerylynn@gmail.com

Cc...

Send   Subject:   Hey.

Hey Emery,

I hope this is your mail account. I guessed this was it, but I'm not sure if you even check your email so who knows if you'll ever get this. I noticed you've been gone for a long time. I hope you're okay. School has been rough lately. I don't know if you heard, but Lissa died. I know she talked to you in Biology.

Do you remember that time when we were six and in Mr. Smith's 1<sup>st</sup> grade? We always played together on the playground. You saved me from the "monsters." Weird how you remember stupid stuff like that, huh?

I know we haven't talked much in the last few years and I'm sorry about that. Everyday, I look at Lissa's empty seat and know she's never coming back. Then I look at yours. Come back to school Emery.

Jessie



1 in 12 students who stay  
home from school do so  
because they are afraid.

No student should be afraid  
to go to school because of  
bullying. Schools should be  
a safe place for all students.





I miss U babe

Lets go out tonight

What R U doing?

R U mad?

Can we get together?

Why don't U answer?!

Where R U?

Who R U with?!

Call me.

PICK UP.

ANSWER YOUR PHONE!!!

Pick up NOW!

QUIT IGNORING ME!

R U trying to hurt me?!

I'm coming over.

You BETTER be home.



Control is a key factor in  
teen dating abuse.

Digital media—texting,  
tweeting, instant-messaging,  
Facebook, and Skype-- keep  
teens in abusive relationships  
connected 24/7.

It also keeps them controlled.



Bullying has many forms,  
including physical violence,  
verbal taunts, and social  
exclusion.

It DOES get better.



There are many resources for help.

Friends. Parents. Teachers.  
Counselors. Siblings. Therapists.  
Nurses or medical personnel.  
Family members. Mentors.  
Police officers. Bosses. Pastors or  
other laypersons. Administrators.  
Anyone you trust.

Speak up. Speak out.

One person CAN make a  
difference.

Will you be that person?



## References:

Bullying Protect Yourself and Others.

National Child Safety Council Brochure.

Choose Respect. Dating Abuse Fact Sheet.

Elias, Marilyn. "Possession Obsession."

Teaching Tolerance. Issue 41. Spring 2012.

[www.bullyingstatistics.org](http://www.bullyingstatistics.org)

[www.gacircleofhope.org](http://www.gacircleofhope.org)

[www.naspcenter.org/principals/nassp\\_bullying.html](http://www.naspcenter.org/principals/nassp_bullying.html)

[www.pacerteensagainstbullying.org](http://www.pacerteensagainstbullying.org)

[www.schoolsecurity.org/trends/bullying.html](http://www.schoolsecurity.org/trends/bullying.html)